



Navigating parenthood **WEBINARS**

Hundreds of parents have found guidance, advice and support in our free expert-led webinars. Now more popular than ever before, these sessions cover the topics that parents want to learn about, including health and wellbeing, academic achievement and strengthening family connections

Our new season of webinars is waiting for you... We can't wait to see you there!



Autism in women and girls

Cynthia Gouveia Caria, Beyond Autism

07/05/25 | 7.30 - 8.30pm



Helping your child develop the habit of reading

Professor Teresa Cremin and Kelly Ashley, The Open University

14/05/25 | 7.00 - 8.00pm



Time management for parents juggling work and family life

Matthew Carlton, Shine Workplace Wellbeing

21/05/25 | 7.30 - 8.30pm



Preparing for secondary

Michael Whitworth and Miranda Perry, Abrial

03/06/25 | 7.30 - 8.30pm



Healthy snacks and lunchboxes on a budget

Jenny Tschiesche, nutritionist and bestselling cookbook author

13/06/25 | 12.30 - 1.30pm



I felt completely seen. I was surprised at how relatable the conversations were. So helpful.



Preparing for primary

Rachel Vecht, Educating Matters

18/06/25 | 7.30 - 8.30pm



Keeping your child with SEND entertained over the summer

Georgina Durrant, bestselling author and SEND consultant

26/06/25 | 7.30 - 8.30pm



Coping tools for your child's big emotions

Jennifer Wyman, Bridge the Gap Child Mental Health C.I.C

02/07/25 | 7.30 - 8.30pm



Helping your child succeed in reception

Lisa McLeod, former primary school teacher and mentor

11/07/25 | 12.30 - 1.30pm

Find out more and sign up to our webinars here:



parentkind.org/parent-webinars