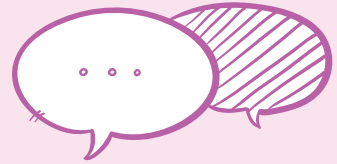
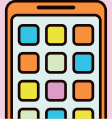



Digital life conversation prompts




Some ways to start a conversation about your child's online life could be...




What are your favourite websites or apps to use?




Can you show me some of the games you like to play online?




Do you have any friends you talk to online? What do you usually talk about?




Have you ever seen something online that made you feel uncomfortable or upset?




What do you like most about being online?




Are there any rules you follow when you're online?




Do you ever create or share your own content, like videos or drawings?



How do you decide what information to share about yourself online?



Have you learned anything interesting or new from being online?



Is there anything online that you wish you could do more or less of?

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