

28 days of online safety: a digital adventure!

Welcome to the online safety quest! Each day, you'll unlock a new tip to help protect your child in the digital world. As you progress, you'll earn rewards and complete challenges together, all while keeping your child safe online.

Day 1



**The safety start –
start the conversation early**

Unlock tip 1

Begin your journey by talking to your child about the internet's benefits and risks. Make this conversation the foundation of your safety adventure!

Day 2



**Rule maker –
set clear rules for online use**

Unlock tip 2

Create your own set of digital rules for your family. What's safe? What's off limits? Write them down and post them somewhere visible as a constant reminder.

Day 3



**The parental guardian –
use parental controls**

Unlock tip 3

Your mission: activate parental controls on your devices to protect your child from inappropriate content. You are the guardian of their digital world!

Day 4



**Password defender –
protect devices with strong passwords**

Unlock tip 4

Level up your security! Set strong, unique passwords for all devices, accounts and apps. Make them nearly impossible to guess.

Day 5



**Shared space adventurer –
keep devices in shared spaces**

Unlock tip 5

Keep devices in family spaces so you can monitor and guide your child's digital activities. Together, you're a team of adventurers!

Day 6



**Privacy protector –
teach about privacy settings**

Unlock tip 6

Help your child adjust privacy settings on their social media. They're now the knight of their online kingdom, guarding their personal info.

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Day 7



The detective – know who they're talking to

Unlock tip 7

Investigate their online friendships. Who are they talking to? Make sure they only connect with trusted people. You're their digital detective!

Day 8



Social media sentinel – monitor social media activity

Unlock tip 8

Keep tabs on their social media accounts. Are they sharing too much? Make sure they're following safety guidelines for posting online.

Day 9



Cyberbullying warrior – teach about cyberbullying

Unlock tip 9

Equip your child with the knowledge to stand against cyberbullying. Teach them how to handle negative online experiences like a warrior!

Day 10



Screen time hero - set screen time limits

Unlock tip 10

Set daily screen time limits to balance the digital and real world. Be the hero who ensures healthy screen habits!

Day 11



Scam buster - educate about online scams

Unlock tip 11

Teach your child to recognise scams, phishing and fake links. Now, they are a scam-busting expert on the digital battlefield!

Day 12



The sexting safety shield - discuss sexting and inappropriate content

Unlock tip 12

Protect your child with a shield of knowledge about sexting dangers. Have an open conversation about what's safe to share.

Day 13

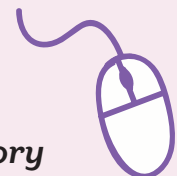


The role model - lead by example

Unlock tip 13

Be the role model! Set a good example with your own online habits. Your child will follow your lead in the digital world.

Day 14



History hunter - check their browsing history

Unlock tip 14

Investigate their browsing history. Are there any unexpected sites? Make sure their browsing history is safe and appropriate!

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Day 15



**Critical thinker –
encourage critical thinking**

🔒 **Unlock tip 15**

Help your child sharpen their critical thinking skills. Teach them to evaluate what's true and what's not on the internet.

Day 16



**Kid-friendly explorer –
use kid-friendly search engines**

🔒 **Unlock tip 16**

Discover child-safe search engines together. Introduce them to Kiddle or KidRex for safer browsing.

Day 17



**Privacy protector –
protect personal information**

🔒 **Unlock tip 17**

Teach your child to keep their personal info private. Their full name, address or school shouldn't be shared online.

Day 18



**Gaming guardian –
educate about online gaming safety**

🔒 **Unlock tip 18**

Ensure your child understands the risks of online gaming. Talk about the importance of not sharing personal details while playing.

Day 19



**Update expert –
keep software updated**

🔒 **Unlock tip 19**

Keep all devices updated to protect them from digital threats. A software update can be the key to keeping your child safe online!

Day 20



**App investigator –
be aware of their app downloads**

🔒 **Unlock tip 20**

Investigate the apps your child is downloading. Are they age-appropriate? Be the app investigator and make sure they're safe.

Day 21



**Digital reputation ranger –
talk about online reputation**

🔒 **Unlock tip 21**

Remind your child that their online actions have consequences. What they post today can affect them tomorrow. Be a reputation ranger!

Day 22



**Purchase protector –
monitor online purchases**

🔒 **Unlock tip 22**

Keep an eye on your child's online purchases. Ensure they ask for permission before buying anything, and protect your payment details!

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Day 23



**Block and report hero –
teach them to block and report**

Unlock tip 23

Teach your child how to block and report harmful content. With this new power, they become true digital heroes!

Day 24



**Family filter master -
set up family-friendly internet filters**

Unlock tip 24

Install internet filters to block harmful content. You're the filter master, ensuring a safer internet experience!

Day 25



**Location protector –
be aware of location tracking**

Unlock tip 25

Protect your child's location by turning off unnecessary tracking features on devices. They're safe with you, their digital bodyguard!

Day 26



**Offline adventurer -
encourage offline activities**

Unlock tip 26

Balance screen time with offline fun. Encourage outdoor activities, hobbies and face-to-face interactions. Adventure awaits offline!

Day 27



**Check-in champion –
have regular check-ins**

Unlock tip 27

Schedule regular check-ins to talk about your child's online experiences. Try asking them what the peak and pit was of being online that week, rather than asking them questions they can answer yes/no to. You're the champion of keeping them safe!

Day 28



**Share with care –
be mindful of what you share**

Unlock tip 28

Be mindful of what you share about your child online. Respect their privacy and always ask before posting images or personal info. Consider how your posts might affect their digital footprint in the future.

You've completed the challenge.

High five to all of you!

Together, you've unlocked the ultimate online safety power.

Share your journey! Share your completed 28-day challenge on social media with the hashtag [#ParentKindOnlineSafetyQuest](#) and inspire other families to embark on the adventure too!

